

period of splendor between the XII and XIII century, followed by a slow decline culminating in 1800, with the expropriation of its estates from the Napoleonic administration. The surrounding grounds are beautiful, and we enjoyed the privilege of a private tour and a walk thru the surrounding vineyards with Ute. After our tour, our host led us to *Trattoria del Friesa* where we had dinner reservations for the evening. While our host returned to her home, we were left in the very capable hands of the wonderfully attentive wait staff that overwhelmed us with some of the finest cuisine of the area. The food and wine kept coming, and coming, and coming and at the end of the evening, fully satisfied and anxious for the following days plans, we returned to the Bed and Breakfast to retire for the evening.

See Part 2

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